THE “MELETI” COGNITIVE REHABILITATION PROGRAMME:
CLINICAL AND NEUROPSYCHOLOGICAL ASSESSMENT OF PARTICIPANTS

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Abstract

OBJECTIVE: The “Meleti” Cognitive Rehabilitation Programme has been developed by the Cognitive Rehabilitation Unit of the Psychiatric Hospital of Attica and includes 40 hourly sessions of cognitive and social cognition exercises. It aims at the improvement of everyday functioning of individuals suffering from psychotic disorders through the remediation of their cognitive functioning. The Programme includes pre- and post-treatment sessions assessing both the symptoms and cognitive functions of participants.

METHODS: We present the clinical and neuropsychological assessment domains and the respective clinical and cognitive tools used during the “Meleti” programme.


CONCLUSIONS: The “Meleti” Cognitive Rehabilitation Programme includes a thorough assessment of symptoms and cognition of participants which contributes to the individualization and evaluation of their treatment.